

January 19, 2022 File: 3-26

IEWS AND VIEWS

## EAP LETTER

Sisters and Brothers:

The Omicron variant of Covid is surging in many parts of the Country. Debates over masking effectiveness, along with changing and confusing vaccine mandates, are affecting many of our teammates adversely. Staffing shortages, are also creating extremely high stress levels in many of our work areas.

I would like to remind our members the District Local 142 Employee Assistance Program is here to help in any way we can. We have very little control over the circumstances contributing to these issues, but we do have resources and strategies to help our members deal with them.

If you do not have a Local Employee Assistance Program Coordinator, please contact me, Paul Shultz District Lodge 142 - EAP Director at 704-907-3563 (cell) or <u>pm.shultz@att.net</u>.

Member helping Member is our *core foundation* and what our Employee Assistance Program is all about.

Sincerely and fraternally,

Paul Shultz

Paul Shultz EAP Director

PS/lm

cc: R. Johnsen E. Fraser T. Regan DL 142 Executive Board

## **POST ON ALL IAM BULLETIN BOARDS**

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