



IAM Air Transport District 142

9633 S 48th St, Ste 100

Phoenix, Arizona 85044

816-982-6480

iamdl142@iamdl142.org

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IAM DISTRICT 142 EAP COMMITTEE CBD ADVISORY

Dear Sisters and Brothers:

SAMHSA, Substance Abuse and Mental Health Services Administration, has published an advisory on CBD which addresses the potential harmful aspects, side effects and unknowns.

[Read the SAMHSA CBD Advisory Here..](#)

CBD and hemp oil products are readily available in stores and online and have become very popular. The producers of these products make a multitude of claims about their health benefits, however, there is no government or FDA regulation of these products in the United States.

Most of us, if not all of us, who work for an airline and/or in the transportation sector, are subject to drug testing under the [Drug Free Workplace Act](#). The fact that CBD and hemp products are derived from the cannabis plant presents the possibility they could contain THC in a large enough quantity to trigger a positive drug test result.

If you are considering using or regularly use these products, please reach out to District 142 EAP Director Paul Shultz with your questions or concerns. You will not be subject to judgements or lectures, just honest and open conversation. With best wishes we remain

Sincerely and fraternally,

Signature on File

John M. Coveny, Jr.

President/Directing General Chair

Paul Shultz

Director DL142 EAP

704-907-3563 cell

Pm.shultz@att.net

pshultz@iamdl142.org

JC/PS/td

cc: R. Johnsen, General Vice-President, Air Transport Territory
E. Fraser, Chief of Staff, Air Transport Territory
T. Regan, Airline Coordinator
DL 142 Executive Board

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